**Opinion Writing - Recess**

**Introduction:**

Do you ever have trouble focusing on your school work? If so, you might be suffering from a problem that is spreading across the country: not enough recess. Throughout my time in school, I have, on average, had approximately 30 minutes of recess per day. However, this is simply not enough. In my opinion, schools should provide more recess because it improves academic achievement, helps students focus more, and allows students more time to socialize.

**Body Paragraph 1:**

To begin with, I believe that students need more recess because it leads to higher academic achievement.

**Body Paragraph 2:**

In addition, I think that schools should provide more recess for their students because it helps them remain focused throughout the day.

**Body Paragraph 3:**

Finally, I believe that schools need to give their students more time for recess because it helps them develop strong social skills.

**Conclusion:**

Overall, I believe that schools should provide more recess. Doing so would lead to increased academic achievement, more focused students, and better social skills amongst those students. I know that improving in these areas would make me a better, more well-rounded student. Hopefully school principals think so too! So, next time you find yourself staring off into space while working on an assignment, remember that it might be time for some recess!